

Learn about mental illness from people who have been there.

Come to a presentation of In Our Own Voice. This is an interactive presentation given by trained presenters who are living with mental illness. It is produced by NAMI, the National Alliance on Mental Illness.

Over 58 million Americans contending with mental illness each year cope while also reclaiming rich and meaningful lives. Every presentation is offered free of charge and last 60-90 minutes,

In Our Own Voice expands people's knowledge of mental illness. Misunderstanding, fear and judgment are replaced with insight, awareness and acceptance. Learn from the men and women whose lives were interrupted by mental illness, but who are now role models for hope and recovery.

Where: Somerville Council on Aging
167 Holland Street

When: Tuesday, February 28, 10 a.m.

RSVP: 617-625-6600, ext. 2300
Lunch and transportation may be available by request.



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