



# FOOD DAY<sup>™</sup> SOMERVILLE

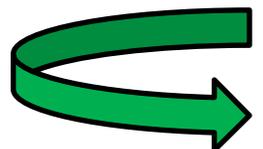
**October 17<sup>th</sup> – October 24<sup>th</sup>**



**Food Day inspires Americans to change our diets and our food policies. Take a step toward a greener, more sustainable diet by joining the fun activities from October 17<sup>th</sup> through October 24<sup>th</sup> listed on the back.**

**Learn more at [somervillefoodday.blogspot.com](http://somervillefoodday.blogspot.com)**

**Flip over for activity details!**



## Activities all week!

### October 17<sup>th</sup>

**Valuing Harvest, Combating Food Waste**  
8AM-11AM, 138 South Street  
Contact: Jess Bloomer, 617-628-9988

8AM-10AM: Harvest vegetables, herbs, and flowers to be sold that afternoon at the Somerville Mobile Farmers' Market.  
10AM-11AM: Learn simple and effective ways to reduce food waste through shopping strategies, unique recipes, and composting.

### October 21<sup>st</sup>

**Come To The Table**  
5PM-7PM, Connexion, 149 Broadway  
Contact: Lisa Brukilacchio, 617-591-6940

The Somerville Food Security Coalition presents a shared sit-down meal for all community members with information on other food resources in Somerville. Visit [somervillefoodsecurity.org](http://somervillefoodsecurity.org) to learn more.

**Food Day Scavenger Hunt Kickoff**  
All week until October 24<sup>th</sup>  
Contact: Erica Satin, 617-625-6600 x4321

Visit sites in East Somerville, Davis Square, or Union Square where food is grown, distributed, and eaten. Complete one area for a prize or complete all three for the grand prize raffle at Saturday's Mobile Market. Site sheets available at Come to The Table and online at [somervillefoodday.blogspot.com](http://somervillefoodday.blogspot.com).

### October 23<sup>rd</sup>

**Antibiotic-Free Meat Friday**  
All Cambridge Health Alliance locations

**Local Harvest Day**  
Contact: Karyn Novakowski, 617-629-5690

Somerville Public Schools students will be served a meal featuring sustainably-harvested regional sole accompanied by local winter squash and local apples. Visit the Somerville Farm to School Project Blog to learn more.

### October 23<sup>rd</sup> and 24<sup>th</sup>

**The Somerville Mobile Farmers' Market**  
Friday 1030AM-12PM (167 Holland Street)  
2PM-330PM (115 Sycamore Street)  
Saturday 11AM-1230PM (24 North Street)  
1PM-3PM (530 Mystic Avenue)  
Contact: Erica Satin, 617-625-6600 x4321

This mobile market offers fresh, local, affordable produce across Somerville. Shoppers using SNAP, WIC, or senior coupons receive 50% off. A small portion of full-price purchases supports the match program. Both sites on Saturday, October 24<sup>th</sup> will feature activities for all ages!

### October 24<sup>th</sup>

**Beacon Street Neighborhood Celebration**  
11AM-1PM, Whole Foods, 45 Beacon Street  
Contact: Ben Sommer, 617-625-6600 x2513

Celebrate Beacon Street with samples from area restaurants, food demos, live music, children's yoga, bike demos, and more!